



GOING VEGAN?

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In recent years, we have started to take a closer look at what's on our plates and, particularly, we now want to limit our consumption of meat.

We are increasingly aware of its impact on our health and on the environment. But what prompts some to go vegan, that is to say to eliminate all animal products from their diet?



Isabelle Voizeux goes to meet some of them, deaf or hearing, who made this choice in order to understand what led them to "convert" despite the constraints this implies and also, how a decision that is sometimes taken instinctively works out on a daily basis... and takes on a more political dimension.

These testimonies allow Isabelle to meet experts and activists in order to shed light on the reasons for their choices.



AVAILABLE FOR SCREENING: original French (commentary, sub-titles, signing)

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