



BREAKING THE ICE

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Marina, Lison, Camille and Auréa are former figure skating champions who are between 16 and 24 years old. They devoted the years of their childhood and adolescence to gruelling practice until they were brutally stopped in their tracks by an injury, be it physical or psychological.



Today, they must learn to live without their passion and the adrenalin. During a special "session on ice" organized by the choreographer Benoit Richaud, they work on reconciling with their body by working on the ice; trying to unravel events from the past as they skate and attempt to discuss events they preferred not to think about until now.

By sharing their buried memories, they emerge from their feeling of loneliness and gradually express their wish for a new way forward.

AVAILABLE FOR VIEWING: Original French version only.



Categorie(s): Travel, Sport & Adventure, Society & Human Interest, New Programmes

Tag(s): Teenagers, Sports, ice skating

Producer(s): POINT DU JOUR

Coproducer(s): FRANCE TELEVISIONS

Length: 1x60 / Format: One-off

Original version: French

Nationality: France, 2022

Rights: world

Support(s): HD file

<http://www.pointdujour-international.com/catalogueFiche.php?idFiche=38615&lang=en>

