



## GEORGIA: CENTENARIANS IN THE REPUBLIC OF GEORGIA

**Director(s): Agnieszka DENIAU**

In the mountains of Southern Caucasus, in the autonomous Republic of Adzharia, people often live to over a hundred years. The purity of the air and the mountain water, the home grown fruit and vegetables all contribute to the longevity of the locals, according to a recent Japanese survey. We are at the Turkish border here and during the Cold War, a special permit was required to live here. Even close family, who lived in the former USSR, were denied access as NATO airbases were only ten kilometres away. Hana, Djehk and Ano are all born during the reign of Tsar Nicholas II. Spanning three centuries, they have witnessed history first hand. It's love that made them live so long, they say.

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